

# Darrell Cook

**Darrell Cook Family Managed Supports Resource Centre** is named in honour of one of Alberta's leading advocates who passed away on Feb. 5, 2010.

The President and Chief Executive Officer of Gibraltar Mortgage, Darrell, and his wife Sheilagh, ensured their daughter Jocelyn had every opportunity for a rich and meaningful life in the community. He worked tirelessly alongside other families in developing the Road Ahead Society and the Family Managed Supports Resource Centre.

A dedicated family man, community advocate and person of vision, Darrell's generous spirit carries on through the work of the Family Managed Supports Resource Centre.

## Darrell Cook Family Managed Supports Resource Centre

- Supports individuals and families in planning and implementing meaningful supports to enable an inclusive life in community
- Assists families with the Family Managed Supports application, planning and administrative processes
- Assists families in their roles and responsibilities as an employer or contractor
- Provides resources and strategies to assist with hiring, budgeting and payroll
- Provides information, resources and opportunities to learn about visioning, planning for the future, recruitment and staffing, community inclusion and other related topics
- Offers opportunities to connect and share information with other families using Family Managed Supports

## Our Commitment

- Enable families to explore and develop meaningful community lives and valued roles for their family members
- Help families develop goals and strategies to create and sustain life enhancing opportunities
- Stand by families and individuals in their pursuit of a good life
- Enhance the strength of families to respond to opportunities within the community

## Contact Us

Those interested in learning more about Family Managed Supports or currently using Family Managed Supports are welcome to call or visit the Centre.

### Darrell Cook Family Managed Supports Resource Centre

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*Darrell Cook Family Managed Supports Resource Centre is a collaborative effort between Family Voices - Calgary, Alberta Association for Community Living and the Calgary Region Community Board for Persons with Developmental Disabilities.*

*David pursuing activities he enjoys through the assistance of FMS funding*



Colleen at work where she is included and supported with FMS funding



## Why Choose Family Managed Supports?

- Families can take a primary role in organizing the supports and services their family member requires.
- Families can be directly involved in all decisions related to the supports their family member receives.
- Families can plan for and pursue an inclusive life.
- Families can tailor supports based on individual choices by hiring staff or contracting directly with service agencies.

*"Thanks to Family Managed Supports, Brenda finally has the security of having a home of her own; a place where she can always welcome family and friends."*

Brenda's mom Sharon

## Is Family Managed Supports the Right Choice for My Family?

- Do you have a vision for your family member that you want to see fulfilled?
- Do you have a good understanding of the type and amount of support (natural and paid) your family member requires?
- Would you like your family member to be more engaged in their community and in relationships with other people in the community?
- Do you want to have a role in the planning and directing of the supports your family member receives?
- Are you prepared to be accountable for the funds you receive?

## What is Family Managed Supports?

- Family Managed Supports (FMS) is funding that goes directly to families of adults with developmental disabilities to enable them to hire their own staff and/or agency to provide needed supports.
- Families choose FMS when they have a vision of a good life for their family member and want to direct who provides supports and how.
- Supports can assist with living, working and participating in community life.
- Families apply for this funding option from the Persons with Developmental Disabilities (PDD) program.
- Under this arrangement families are accountable for the use of the funds and the provision of supports to their family member with developmental disabilities.

Brenda, pictured here with her mom Sharon, enjoys living in her own home with supports funded by FMS

